

Essential Oil Skin Care Use Chart

Essential Oil	Dry Skin	Sensitive Skin	Oily Skin	Elasticity	Wrinkles	Non-Cystic Acne
<u>Bergamot</u> <i>Citrus bergamia</i>			x			
<u>Cedarwood</u> <i>Cedras atlantica</i>	x					x
<u>Clary Sage</u> <i>Salvia sclarea</i>	x		x		x	
<u>Cypress</u> <i>Cypressus sempervirens</i>			x		x	
<u>Frankincense</u> <i>Boswellia carterii & sacra</i>			x	x	x	
<u>Geranium</u> <i>Pelargonium graveolens</i>	x	x	x	x	x	x
<u>Helichyrsium</u> <i>Helichrysum italicum</i>			x		x	
<u>Jasmine</u> <i>Jasminum officinale</i>	x	x				
<u>Lavender</u> <i>Lavandula angustifolia</i>	x	x	x	x	x	x
<u>Lemon</u> <i>Citrus lemon</i>	x		x		x	x
<u>Lemongrass</u> <i>Cymbopagon flexuosus</i>			x			x
<u>Myrrh</u> <i>Commiphora myrrh</i>	x			x	x	
<u>Orange</u> <i>Citrus sinensis</i>			x		x	x
<u>Patchouli</u> <i>Pogostemon cablin</i>	x		x		x	x
<u>Peppermint</u> <i>Mentha piperita</i>			x			
<u>Roman Chamomile</u> <i>Chamaemeleum nobile</i>	x		x			x
<u>Rose</u> <i>Rosa danascena</i>	x					x
<u>Rosewood</u> <i>Aniba rosaeodora</i>	x					x
<u>Rosemary</u> <i>Rosmarinus officinalis</i>			x		x	x

<u>Sandalwood</u> <i>Santalum album</i>	X		X		X	
<u>Tea Tree</u> <i>Melaleuca alternifolia</i>			X			X
<u>Ylang Ylang</u> <i>Cananga odorata</i>	X		X	X	X	
<u>Gentle Baby</u>	X	X		X	X	X
<u>Melrose Blend</u>						X
<u>Purification Blend</u>						X
<u>Rose Ointment</u>	X			X	X	