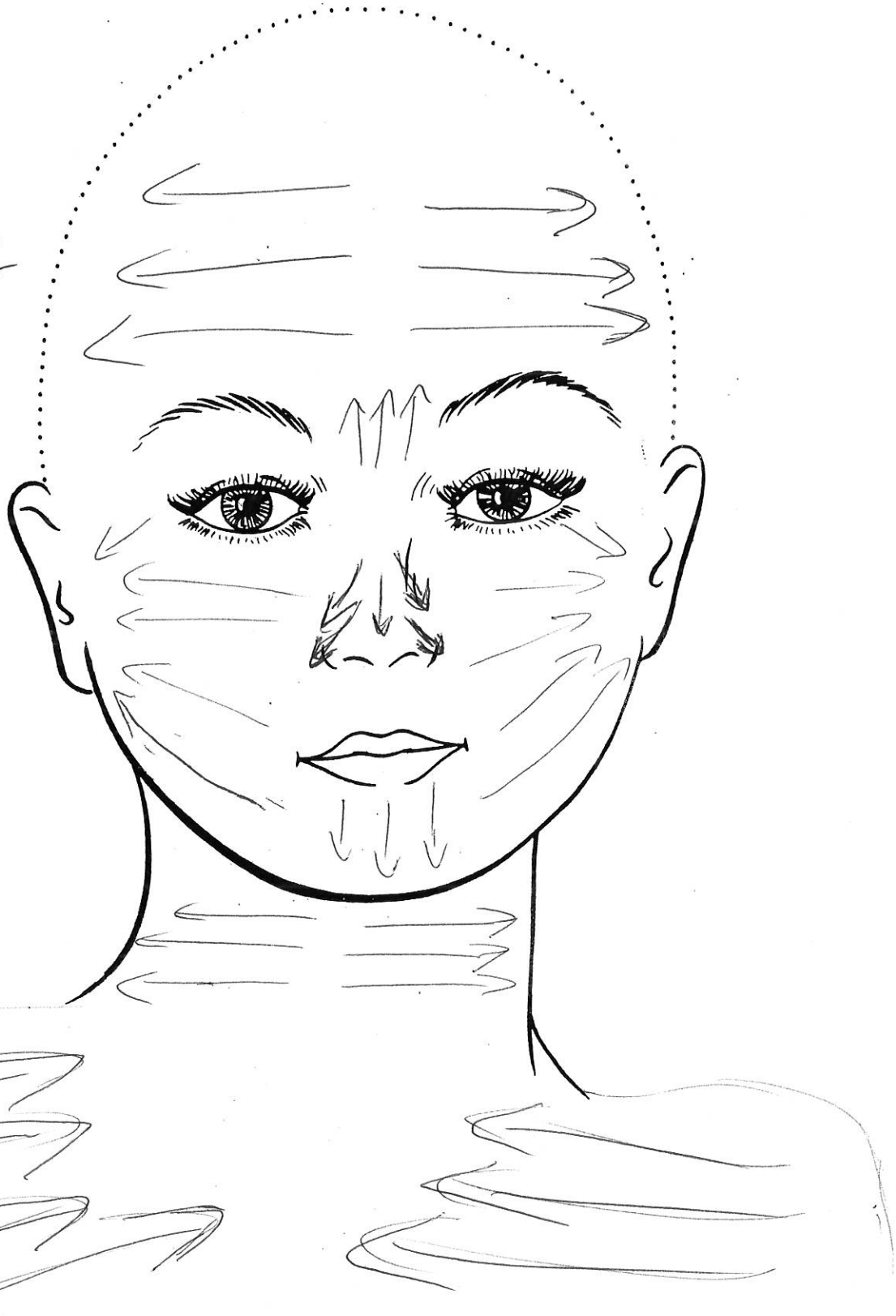


Vacuum Machine

3-6 passes
depending on
congestion

- do before extractions
- use an oil base cleanser
- can test suction on shoulder
- if there is no hole, use finger to break suction before removing from skin



Vacuum Machine

- The vacuum (suction) machine serves 2 main functions.
 - > One is to suction the dirt and impurities from the skin.
 - > The other is to stimulate the dermal layer and blood circulation. This function thought to help reduce the appearance of creases, such as laugh lines and improve the overall appearance of the skin.

- This machine can be used after desincrustation.
- It can also be used in place of the facial massage.
- It should never be used on couperose skin with distended or dilated capillaries or on open lesions.
- Glass and metal suction cups come in different sizes and shapes depending on their use.

Facial Vacuum Suction

- Vacuum suction treatment is applied to the surface tissues causing lift and stimulation of the under-lying structures.
- Vacuum suction is aimed at improving the circulation of the Lymph.
- Lymph fluid transports waste products and fatty materials of body metabolism and digestion.

What is a Vacuum Facial?

- A method of deep cleansing removing cellular blockages and increasing the skin's natural function to remove waste products and sloughing off dead skin cells.

What does a Vacuum Facial Include?

- Cleanse
- Tone
- Steam
- Vacuum suction
- Massage
- Mask Eye Care
- Moisturize

Benefits

- Treats dry skin
- Sluggish lymphatic circulation
- Removes surface cells
- Helps release skin blockages.
- Loosens comedones.
- Breaks up sebaceous matter.
- Helps reduce the appearance of fine lines.
- Reduces puffiness and edema.
- Deep cleans the skin internally.
- Helps to remove excess fluid from the skin.

Results to Expect With a Vacuum Facial

- Improves blood and lymphatic circulation
- Non medical swelling and puffiness is reduced
- Localized fatty deposits can be softened
- Skin texture is improved by reducing dead skin
- Improved appearance of skin and reduced fine lines.

- Vacuum Suction uses a suction mechanism through a fine glass attachment (ventouse).
- The therapist places her or his finger over a hole in the ventouse, which literally creates a vacuum when in contact with the skin.
- When using the device, take care to ensure only a light suction is produced to avoid drainage or loosening of blockages

- Vacuum Suction machines have multiple ventouse attachments, the most popular being the flat ventouse, which is ideal for Vacuum Suction routines on the whole face for sluggish skin.
- Another useful attachment is the small round ventouse. This is ideal for spot treating to help loosen congested areas around the nose, chin and other small areas.

- Traditionally, a massage or cleansing medium can be used on the skin to provide slip and glide of the glass ventouse.
- Desincrustation solutions and water-soluble cleansing oils are ideal for oily, congested skins, while milky, creamy cleansers can be used for drier skins.
- Regardless of the area or product used, Vacuum Suction should always be used under steam to keep the skin and product moist.