

Homemade Face Masks for Dry Skin Type:

Apple and Carrot Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The apple, carrot and olive oil mixture in this homeade facial mask is good for noraml skin and will nourish dry skin.

Ingredients:

- 2 tablespoons apple; grated fine
- 2 tablespoons carrot; grated fine
- 1/2 tablespoons olive oil; warmed

Instructions:

Mix the ingredients together ain a bowl and apply directly to the face and neck avoiding the eye area. Be sure to warm the olive oil, not make it too hott to apply. Leave on for 15 minutes. Rinse off the facial mask with luke warm water.

Autumn Apple Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Just because the leaves on the trees are falling down dead, doesn't mean your skin has to. Get rid of those dead skins cells with this mask.

Ingredients:

- 1/4 apple
- 1/2 tsp Half and half
- 1 Tsp honey
- 1 T oatmeal

Instructions:

Mash with a fork in a small bowl and mix it together well. Then apply it to your face. Leave on for 10 minutes and then rinse off.

Avocado and Carrot Facial Mask Recipe

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This is a rich cleaning and moisturizing mask for normal to dry skin types.

Ingredients:

- 1/2 ripe avocado
- 1 carrot

- 1 tbsp. olive oil

Instructions:

The carrot needs to be soft and should be cook until soft and then blended with the ripe avocado and olive oil in a blender. Apply to the face. Leave on for 20 minutes. Wash off with warm water and pat dry. Do not leave this one on for too long!

Avocado and Almond Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Another nourishing avocado facial for you to try.

Ingredients:

- 1/2 ripe avocado; peeled and mashed
- 2 drops almond essential oil

Instructions:

Whip the avocado with a blender or hand mixer. Stir in the essential oil. Apply to your face and neck avoiding the eye area. Leave on for 15-25 minutes. Rinse off the facial mask with warm water.

Avocado and Banana Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Rich and wonderful is how this mask feels.

Ingredients:

- 1/4 ripe avocado; peeled and mashed
- 1/2 ripe banana; peeled and mashed
- 2 tablespoons sour cream
- 1 teaspoon wheat germ oil

Instructions:

Blend together all of the ingredients in a blender, adding the wheat germ oil last. Apply to your face and neck avoiding the eye area. Leave on for 15 minutes. Rinse off the facial mask with warm water.

Avocado and Olive Oil Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The nourishing attribuites to this facial mask cannot be measured if you have dry skin. You'll love how your face feels when you are done.

Ingredients:

- 1/2 avocado

- 1 tablespoon olive oil

Instructions:

Mash the avocado and the olive oil together in a bowl. Apply to your face and wait for 20 minutes. Rinse with warm water.

Avocado and Egg Yolk Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This face mask is made to clean and moisturize.

Ingredients:

- 1/4 ripe avocado; peeled
- 1/2 cup buttermilk at room temperature
- 1 egg yolk beaten

Instructions:

Blend together all of the ingredients in a blender, pureeing together. Apply to your face and neck avoiding the eye area. Rub on more after about 5 minutes. Leave on for 10 minutes. Rinse off this facial mask with luke warm or cool water.

Banana and Vitamin E Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Ingredients:

- 1 medium to large Banana; soft and peeled
- 4 Vitamin E gel caps

Instructions:

Vitamin E can help heal the skin while the banana will energize the face. Mash the banana and squeeze the liquid out of the gel caps. Mix well with the banana. Avoiding the eye area, apply the mask and leave on for 10 minutes. Rinse with warm water and pat dry.

Brown Sugar and Milk Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Ingredients:

- 1/4 cup brown sugar
- 1 - 2 tbsp milk, anything but skim

Instructions:

Mix the two ingredients well. Apply to freshly cleaned face and massage gently for a full minute - leave on for 15 minutes. Wash off with warm water and pat dry.

Chocolate Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This moisturizing mask smells so good you'll be tempted to eat it rather than wear it.

Ingredients:

- 1 Tbsp cocoa powder
- 1 Tbsp heavy cream
- 1 tsp cottage cheese
- 4 tsp honey
- 1 tsp oatmeal

Instructions:

Puree all ingredients in a blender. Apply to freshly cleaned face and leave on for 10 minutes. Wash off with warm water and pat dry.

Chocolate Facial Mask #2

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Yummy Chocolate flavoring and great for the skin too!

Ingredients:

- 1/3 cup cocoa powder
- 1/4 cup raw honey
- 2 tablespoons sour cream
- 3 teaspoons raw oatmeal or oatmeal powder

Instructions:

Blend together all of the ingredients until your facial has a smooth consistency. Apply to your face and allow to sit for 15 to 20 minutes. Rinse with warm water.

Classic Milk Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This mask is excellent for dry skin.

Ingredients:

- 1 tsp powdered milk
- 1 tbsp runny honey
- 1 tsp aloe Vera gel
- 2 drops essential oil
- 1 tbsp pulverized almonds

Instructions:

Mix the ingredients well. Apply to freshly cleaned face and leave on for 15 minutes. Wash off with warm water and pat dry.

Cranberry Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This mask will exfoliate your face and add moisture. Great for Holidays!

Ingredients:

- 15 cranberries; whole, fresh
- 1 tablespoon oats; powdered
- 2 tablespoon whipping cream
- 1 tablespoon almonds; powdered

Instructions:

Place cranberries in a blender or food processor and blend until as smooth as possible. Add the other ingredients and blend scraping the sides when needed. Continue to blend until the mixture is as smooth as possible. Apply to your face and neck in a light circular motion avoiding the eye area. Leave on for 15 minutes. Rinse off this facial mask with warm water.

Egg Yolk and Honey Facial Mask Recipe

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Egg yolk is wonderful for facials for dry skin types, but is good for most skin types.

Ingredients:

- 1 egg yolk
- 1 teaspoon honey
- 1 teaspoon whole milk or cream

Instructions:

Blend all of the ingredients together and apply to your face. If you find it is runny and another teaspoon of honey. Leave on for 20 minutes. Wash off with warm water and pat dry.

Egg Yolk, Honey and Olive Oil Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The combination of egg, olive oil and honey makes a wonderful facial mask for dry skin types.

Ingredients:

- 1 egg yolk
- 1 tablespoon honey
- 1 teaspoon olive oil

Instructions:

Warm the honey. In a bowl, combine the ingredients, mix well. Apply the facial evenly to your face and neck. Leave on for 15 minutes and wash off with warm water.

Egyptian Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Your skin will glow after applying this rich facial.

Ingredients:

- 1 whole egg
- 1/2 teaspoon olive oil, can be light
- 1 tablespoon flour
- 1/4 teaspoon sea salt
- 1 tablespoon whole milk

Instructions:

Beat the egg in a small bowl. In a large bowl mix together the all of the ingredients, stirring in the sea salt last. Apply to your face and neck in a light circular motion avoiding the eye area. Leave on for 15 minutes. Rinse off this facial mask with luke warm water, following with cold water.

Exfoliating Banana Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This banana facial mask will exfoliate the dry skin on your face as it nourishes and cleans your pores.

Ingredients:

- 1 banana
- 1 tablespoon wheat germ
- 1/4 teaspoon soothing jojoba oil

Instructions:

Peel and then mash the banana down to a non-lumpy consistency. Stir in the soothing jojoba oil Then mix in the wheat germ. Rub on your face for 3 minutes, then relax and leave on your face for 10 minutes and rinse off with warm water.

Moisturizing Beer, Egg and Yogurt Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The yeast in the beer helps to clean your skin while the yogurt and egg moisturize it.

Ingredients:

- 1 tablespoon beer
- 1 egg white
- 1 large teaspoons yogurt
- 1 teaspoon olive oil
- 1 teaspoon lemon extract
- 1 teaspoon almond extract

Instructions:

Using a blender or handmixer, mix for thirty seconds on low speed. Wet, then slather on your face, leaving on your face for 15 minutes and rinse with warm water.

Egg Yolk, Honey and Olive Oil Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The combination of egg, olive oil and honey makes a wonderful facial mask for dry skin types.

Ingredients:

- 1 egg yolk
- 1 tablespoon honey
- 1 teaspoon olive oil

Instructions:

Warm the honey. In a bowl, combine the ingredients, mix well. Apply the facial evenly to your face and neck. Leave on for 15 minutes and wash off with warm water.

Rosewood Exfoliating Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This mask is excellent for exfoliating dead skin.

Ingredients:

- 2 tbsp sugar
- 3 tbsp warm water
- 2 drops essential oil - rosewood

Instructions:

Stir sugar in warm water until dissolved. Add rosewood essential oil. Apply to freshly cleaned face and massage gently for 5 minutes. Wash off with warm water and pat dry.

Simple Apple Facial Mask for Dry Skin Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The simple apple and olive oil mixture is nourishing to dry skin.

Ingredients:

- 4 tablespoons apple; grated fine
- 1/2 tablespoons olive oil; warmed

Instructions:

Mix the ingredients together in a bowl and apply directly to the face and neck avoiding the eye area. Be sure to warm the olive oil, not make it too hot to apply. Leave on for 15 minutes. Rinse off the facial mask with luke warm water.

Soothing Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Use this on irritated skin, like a sunburned face or shoulders.

Ingredients:

- 1 part plain yogurt, chilled
- 1/2 part old fashioned oatmeal
- 2 drops essential oil - jasmine(optional)

Instructions:

Stir ingredients together. Add jasmine essential oil. Apply to area and leave on for 10 minutes. Wash off with warm water and pat dry.

Yogurt Walnut Scrub

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Use this on normal or combination skin. The nuts exfoliate old dry skin while the yogurt soothes.

Ingredients:

- 1/4 cup plain yogurt; chilled
- 1/4 cup walnuts; ground or pulverized

Instructions:

Stir ingredients together. Apply to freshly cleaned face and gently massage to exfoliate. Wash off with warm water and pat dry.