

Homemade Face Masks for Acne Treatments and Prevention:

Acne Tonic with Basil Facial Masks for Acne

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This facial is more 'wet', so be sure to [wear](#) a towel around your neck.

Ingredients:

- 3 [teaspoons](#) of dried [basil leaves](#)(less if using fresh)
- 1 cup boiling water
- 3-4 [cotton](#) balls

Instructions:

Add the [basil](#) to the boiling water and allow to seep for 15 minutes. When the water has cooled to a warmness that you can tolerate comfortably, apply to your face with a cotton ball. Leave on for 10 minutes. Rinse with warm water.

Simple Apple Facial Mask for Oily Skin Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The simple apple and egg white mixture will help clean and nourish oily skin and can help with acne.

Ingredients:

- 4 tablespoons apple; grated fine
- 1 Egg White

Instructions:

Mix the the apple and egg white together in a bowl and apply directly to the face and neck avoiding the eye area. Leave on for 15 minutes. Rinse off the facial mask with luke warm water. Pat dry.

Aspirin Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Aspirin is an anti-inflammatory which is important when it comes to treatment of acne and other skin problems. An aspirin facial is simple to make and its benefits are real.

Ingredients:

- 4 tablets aspirin, uncoated is easiest
- 6 drops warm water

Instructions:

Crush the aspirin and stir in the water. Wait until it is fully dissolved, add a drop or two more water if needed. Apply to your face leave on your face until the aspirin begins to dry and fall of. Rinse off facial mask with warm water.

Balancing Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This facial is for those who are experiencing a problem with their skin, like problem acne and rosacea. The fat in the cream and the salt helps to heal, while the flour thickens the mask.

Ingredients:

- 1 heaping teaspoon garbanzo bean flour
- 1 heaping teaspoon whipping cream
- 2 level teaspoons water
- pinch of salt or sea salt

Instructions:

Mix in a bowl and allow to sit for 5 minutes, stir. Apply to your face in a circular rubbing motion and neck avoiding the eye area. Leave on for 15 minutes. Rinse off this facial mask with luke warm or cool water.

Banana and Honey Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

The banana and honey mask will both clean your skin of anti-toxins and nourish your face.

Ingredients:

- 1 ripe banana
- 2 tablespoons honey; warmed

Instructions:

Peel and then mash the banana down to a wet pasty consistency. Stir in the honey. Place a thick layer on your face. Relax and leave on your face for 15 minutes and rinse with warm water.

Clean Green Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This mask is to clean and heal problem skin.

Ingredients:

- 1 tbsp strong green tea
- 4 tbsp pure aloe vera gel
- 1 drop sweet orange essential oil

Instructions:

Brew a strong cup of green tea, about 15 minutes. Use one tablespoon for the mask, and cut the the rest with more water and heat to make a soothing drink. Mix together all of the ingredients in a bowl. If the mask is too runny add more aloe vera gel. Apply to your face and neck avoiding the eye area. Leave on for 10 to 15 minutes. Rinse off this facial mask with luke warm water.

Milk and Lime Peel Facial Masks for Acne

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This facial is a peel that will help clean your pores and prevent acne.

Ingredients:

- 1 lime or lemon; juiced
- 1/4 cup whole milk
- 1 tsp glycerin

Instructions:

Add the lime and glycerin to the boiling water. When the water has cooled to a warmness that you can tolerate comfortably, apply the milk facial to your face. Leave on until it dries and then peel it off. Rinse any left over with warm water.

Egg Whites and Lemon Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Oil skin types will love how well this mask will work for them. Cleans pores and helps prevent and get rid of black heads.

Ingredients:

- 2 egg whites
- 1 teaspoon lemon juice

Instructions:

Combine the lemon juice and egg white in a bowl. Beat until fluffy. Apply to your face, avoid getting too close to your eyes. Wait for 10-20 minutes and rinse off with warm water.

Papaya and Green Mud Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

Cleans out the pores and heals problem skin.

Ingredients:

- 1/4 ripe papaya; skin and seeds removed
- 1 1/2 teaspoons aloe vera gel
- 4 teaspoons green clay

Instructions:

Blend the papaya in a blender or food processor until it is smooth. Add in all of the other ingredients and blend. Apply to your face and neck avoiding the eye area. Leave on for 15 to 20 minutes. Rinse off this facial mask with luke warm water.

Tomato with Potato Flour Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

This mask is excellent for oily skin, the acid in tomatoes will give your face a good cleaning.

Ingredients:

- 1 tomato
- 2 tablespoons of potato flour

Instructions:

Peel the flesh of one tomato away from the skin and seeds. Mix with two tablespoons of potato flour to form a paste. Add more if runny. Apply to your face and leave on for 10 minutes. Wash off with warm water and pat dry.

Deep Cleaning Cat Litter Face Mask

Prep time to make facial: 5 min

Cook time for facial: 0 hour

Total time for facial: 25 min

100% natural clay, unscented, cat litter is made from the bentonite clay. This is the same ingredient that high priced spas use to make their muds and specialty clays for face and body masks. This particular recipe is made with lemon juice which is an astringent that will clean oily skin.

Ingredients:

- 4 tablespoons cat (kitty) litter
- 1 small lemon; juiced
- as needed warm water

Instructions:

In a bowl squeeze the lemon juice over the kitty litter. Add water a bit at a time and stir until you have made a paste. Apply the facial evenly to your face and neck. Leave on for 15 minutes and wash off with warm water.